

Introducing Your Health & Behavioural Medicine Section Clinical Liaison

I would like to take this opportunity to introduce myself as Clinical Liaison in the Section on Health Psychology and Behavioural Medicine of the CPA. I work as a clinical health psychologist at TotalCardiology Rehabilitation in Calgary and Adjunct Assistant Professor in the Department of Psychology at the University of Calgary. My clinical and research activities focus on cardiac rehabilitation, health behaviour change, and addressing the complex bio-behavioural mechanisms involved in the development and progression of cardiovascular disease.



Codie Rouleau, PhD, RPsych
Clinical health psychologist
TotalCardiology Rehabilitation (Calgary)
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My role as Clinical Liaison within the CPA Health Psychology and Behavioural Medicine Section is to ensure clinically focused content and opportunities are well-represented, while supporting our Section mandate of connecting health psychology clinicians and researchers across Canada.

A significant subset of our Section membership primarily identifies as a clinician. Clinician members play a critical role translating bench-to-bedside in the management of disease and promotion of physical health among Canadians. Due to the interdisciplinary nature of their work and broad geographic spread, however, Canadian health psychology clinicians face distinct challenges. It is often difficult to connect with each other and with opportunities relevant to this unique field of practice.

As your Clinical Liaison, I would like to encourage our clinician members to continue sending submissions to Health Notes. Readers are invited to submit news and events of potential relevance to the clinical practice of health psychology in Canada, such as:

- Clinical training opportunities (e.g., workshops, courses)
- Publications related to the clinical practice of health psychology (e.g., assessment and treatment manuals, clinical practice guidelines)
- Resources for clinically focused health psychology trainees (e.g., graduate programs, residency opportunities)
- Recent accomplishments from clinically oriented Section members (e.g., media coverage, launch of new clinical services)
- Networking opportunities (e.g., events and listservs through CPA and partner institutions)
- Job postings

If you have any questions or suggestions about how the Health Psychology and Behavioural Medicine Section can align with the needs and interests of clinicians, you may reach me at: crroulea@ucalgary.ca

To submit content to Health Notes, please email Jennifer Gordon at jennifer.gordon@uregina.ca